

Help break the cycle of family violence



Cover photo: Karolina Grabowska

by Bill Demeter

One of the most serious issues we are facing now is one we do not like to talk about: family violence.

Consider for a moment:

- New Zealand has the highest number of family violence incidents per 100,000 population of the seven English-speaking countries.
- Of the 43 democracies, NZ ranks number one in family violence

In Christchurch, the police respond to an incident of family violence every 56 minutes.

Family violence is not an issue that only affects a particular socio-economic demographic. It happens in every neighbourhood across Christchurch

and New Zealand and impacts children attending state and private schools.

It includes all in-home violence (which can occur away from home). According to New Zealand's Ministry of Social Development, family violence includes things like child abuse/neglect, partner abuse and elder abuse/neglect (of over 65 by a person with whom they have a relationship of trust).

Abuse is not always physical. Coercive control, which does not include physical violence, can present the most challenging circumstances if the victim chooses to leave.

It's a growing problem. In 2016, there were 118,926 family harm investigations across New Zealand, 2018 there were 133,022, and in 2020 there were 165,039. Sadly, the police estimate only about 18 per cent of family violence cases are reported.

Continues on page 8



The St Albans News — distributed monthly to 7300 households

www.stalbans.gen.nz

Published by St Albans Residents Association

SARA and Centre news

Hearing loop now active

Those with particular types of hearing aids can now hear speakers more clearly now that the Christchurch City Council has installed the technology to make it work. It feeds sound directly from a microphone into the hearing aids used by some people who are hard of hearing. Not all hearing aids can access this – some of the small ones lack the wiring. No charge is made for the hearing loop, which is free to use, but it only works in the hall. Meeting organisers need to discuss the system's use when making bookings and to find out how to help new hearing aid users connect to the system.

Kōhinga given public architecture award

Kōhinga St Albans Community Centre has won an award for public architecture in the Canterbury Architecture Awards, run by the New Zealand Institute of Architects to celebrate the region's best architecture. The award was presented at the Christchurch Town Hall in early July to the Christchurch City Council's architects. Jury convenor Jane Rooney said the judges were spoilt for choice with an abundance of projects to choose from and visited the short-listed projects in person to experience how the spaces felt. The judges were also impressed with the level of community engagement and spirit evident in the projects. Many of these were re-builds after the earthquakes destroyed many inner city and regional buildings.

History group scores funding

It's only \$400 but the funding granted by the Christchurch Casino from a pool of \$800,000 in July will assist the St Albans History Group with things like printing, speakers' expenses and subscriptions. The group is one of several small groups that come under the umbrella of the St Albans Residents Association.

St Albans History Group

St Albans history group meet on the first Monday of the month at 2 pm at the St Albans Community Centre, next meeting will be August 1. Email: briangsppear@hotmail.com



Community Centre 1049 Colombo St

The Community centre is available for hire within the Orange Traffic Light protocols. For booking enquiries please phone 972 5534 or email: communitycentre@stalbens.gen.nz or visit our website: sacc.org.nz where the centre calendar is available to view. Centre open Mon - Fri 9am - 1 pm, Mon - Thur 4.30 - 7 pm.

Advertising in St Albans News

If you would like to advertise in the News, phone Lynne on 027 433 4469 or email advertising@stalbens.gen.nz. Please ask for a copy of our ratesheet, which specifies sizes, prices and requirements.

SARA Committee

St Albans Residents Association meets at St Albans Community Centre, 1049 Colombo St. on August 17 at 7pm.

BBQ Trailer for hire

St Albans Community BBQ Trailer is available to hire for events. Marquee also available for hire, separately or with the barbecue, for corporate events, community gatherings or private celebrations. Enquiries to: BBQ@stalbens.gen.nz

Wednesday Wheelies

Wednesday Wheelies meet at 9.30am, St Albans Community Centre carpark on Caledonian Road.

SARA Website

Check out SARA's website on www.stalbens.gen.nz. Contains digital copies of St Albans News, a calendar of events and occasional blog posts.

StAN on Facebook

St Albans News is published every month. If you wish to comment on stories you read in St Albans News or anything that is happening in the area, you can write a letter to the editor (and wait) or you can go to our Facebook page: [StAlbansNews](https://www.facebook.com/StAlbansNews) and post a message there immediately.

SARA on Neighbourly

SARA also has a presence on Neighbourly, a community asset owned by Stuff. Contains notices, advice, things to buy or sell and topics of interest to the neighbourhood. www.neighbourly.co.nz

SARA and Centre news

A new face at the community centre

by Belinda Carter

A regular face in the garden at the St Albans Community Centre after volunteering for a few months, Euan Johnston is becoming a paid worker.

Euan, who is in his 30s, first visited Kōhinga Māra because Richita Parekh of Skillwise thought he might be interested in the garden because of his involvement in things botanical. Skillwise helps people find activities (paid or unpaid) that suit their interests and offer opportunities in the community to do something productive.

There he met with St Albans Activator Emma Twaddell who saw an opportunity to employ a part time gardener for the centre and approached the Ministry of Social Development to organise work around Euan's interests. With some additional funding to top up his part time MSD-subsidised wages to a level equivalent to the Living Wage, he's now transitioning from volunteering to paid work.

Euan loves his job in the section-sized garden, which he describes big enough for his capability. He's thankful for Emma's help. Emma is wonderful, Euan said. "She has given me a lot of trust and time. She believes in me and makes it easy."

Skillwise specialises in helping individuals with disabilities. You wouldn't know it talking to Euan. He has cerebral palsy and a number of physical challenges that slow him down and make it difficult to find paid work. Although he has had paid work in the past, such as a 13 year stint on the trolleys at New World, he's happy the work is geared to his interests.

Euan grew up on a farm in Flemington south of Ashburton and as a teenager worked in his uncle's nursery – Alan Trott and Trott's Garden is well known to mid-Cantabrians. Educated at the local primary school and later Christ's College, he now lives with his parents in Westmorland, helping with the raised vegetable garden.

He also has a little side hustle growing and supplying "big and bold and beautiful" proteas to individuals and nurseries. Euan is very knowledgeable about proteas and the cacti he grows as a hobby, reading everything he can find on these interesting plants.

The work Euan does is not confined to the community centre. From time to time you may find him in other pockets of St Albans, tending to the gardens in planters at Edgware Village and Warrington Village or tidying up Courtenay Green.

For more information about Skillwise, which provides volunteers to help with some of the StAN deliveries, check out skillwise.org.nz. If interested in proteas contact Euan at the community centre. ☘



Euan Johnston in Kōhinga Māra

Writers wanted for St Albans News

St Albans News is looking for new writers to write articles on ethnic communities and disability groups. Those from these communities are particularly welcome. A connection to St Albans also helps. Please email news@stalbens.gen.nz



St Albans News August 2022, Vol 29, Issue 7

The St Albans News is a free local newspaper which is produced by a team of volunteers. The social enterprise is managed by the St Albans Residents' Association.

Send your news contributions and adverts to:

news@stalbens.gen.nz

<http://www.facebook.com/StAlbansNews>

Letters can be mailed to:

PO Box 36687, Chch 8146

Editor: Belinda Carter

Contributors: Basil, Alice Holmes, Maria Lamb, Lynne O'Keefe Helen Kidd, Basil, Duncan Webb and Bill Demeter

Production staff:

Carla Heslop, Sarah O'Keefe and Daph Parkins.

Cover photo: Karolina Grabowska

Layout & advertisement design:

Maria Hayward

Advertising: Lynne O'Keefe

The opinions expressed in this publication are solely those of the authors and do not necessarily reflect those of the St Albans Residents Association.

The deadline for the August issue of the St Albans News is August 15.

Please send your articles, letters and notices to:
news@stalbens.gen.nz

SARA and Centre news

Activities at the community centre

St Albans community centre is now operating at the orange level. Vaccine passports are no longer required but masks will be, particularly in areas like the hallway and kitchen where groups and individuals mix. The centre is limited to 200 people inside. The programme contains groups that meet weekly at the centre but if they fit we can add monthly ones as well.

Monday	10am	Saygo
	10am	SeniorNet Mac
	4 pm	Giant Leaps
Tuesday	5 pm	Universal Martial Arts
	10:45am	Yoga with Tracey
	1pm	Neighbournet
	5.30	Pippins
	7.00pm	Yoga with Tristin
Wednesday	9:30am	Wednesday Wheelies
	10am	SeniorNet Mac
	12-1pm	Happy Feet Dance exercise
	11am	The Corner, coffee and chat
	4pm	Giant Leaps
Thursday	7.00pm	Capoeira Angola
	9.30am	Saygo
	10am	Morning Tea
	10am	Yoga with Lisa Banks
	10:45am	Yoga with Tracey
	1pm	NeighbourNet
Friday	4pm	Giant Leaps
	5.00pm	Universal Martial Arts
	10am	SeniorNet Mac
Saturday	1pm	Neighbournet

Hear the speaker

Groups hiring the Kōhinga St Albans Community Centre can now make use of a new portable audio system purchased by St Albans Residents Association (SARA). It comes with one microphone (although the system can handle two), provides decent audio for a laptop through an hdmi cable and its usb port can handle pendrives. A flatscreen television screen is also available in the centre along with a projector and choice of two portable film screens. These can be used in the three larger rooms. SARA has also sourced a stand and microphone to supplement two wireless microphones.

More volunteer bakers wanted

Are you a master at making club sandwiches, can whip up a perfect batch of scones or your neighbours rave about your mini quiches? The community centre is looking for keen cooks and pastry chefs to give its monthly high teas some class. Please leave your name and contact details at the centre if offering to help with the baking, which is mainly done at home. Anyone can enjoy tea, coffee or hot chocolate and little dainties in special cups at 10am on the first Thursday morning in the month. The next session is on August 4; just turn up to catch up.



Zonta sale bags funds to help women

Special occasion hats, handbags, scarves, belts, purses, jewellery and other accessories were on sale in Kōhinga's hall on July 2 when the Zonta Club of Christchurch Canterbury held their biennial Great Handbag Sale. This was the

first time the women's service organisation had used the community centre hall to raise funds. A gold coin entry fee, a raffle and sales of the aforementioned items raised several thousand dollars for Project Esther, which helps women in crisis, grandparents raising grandchildren and other projects. They also help young women realise their potential through Z clubs and advocate for women internationally and locally. For more information see:

www.zontachristchurch.org.nz

Ma Baker
Selling delicious, original Kiwi cuisine, baking fresh daily.

EDGEWARE VILLAGE
1066 Colombo St, Ph. 365 0802
BISHOPDALE VILLAGE MALL
135 Farrington Ave, Ph. 03 359 1020
OPEN 7 DAYS 7.00AM - 5.30PM

MEET YOUR CANDIDATES
LOCAL BODY ELECTIONS 2022

With James Daniels as MC

Mayoral Candidates
Papanui and Innes Wards -
Councillor and Community Board Candidates
ECAN - Central and Chch North Candidates

Monday 5th September @ 7pm
Bailies Bar in Edgeware Village

Sustainability

Role of nutrition in well-being

By Alice Holmes

Could nutritional supplements treat symptoms of anxiety in adult females? That's what University of Canterbury PhD student Angela Sherwin is trying to find out through the High Anxiety Pyrrole Intervention Trial (HAPI).

She outlined the trial, which is specifically researching the use of zinc and B6, at a meeting in the St Albans Community Centre on July 9.

During the talk, Angela highlighted the known connections between good versus bad diets and mental

well-being. There is growing evidence that good gut bacteria play a role in maintaining mental well-being, something she described as the gut- brain connection.

You can find more information about micronutrients, zinc and vitamin B6, the trial itself and how to participate, and links to community assistance for people experiencing anxiety and mental illness at <http://hapitrial.co.nz/>

If you would like to know about (or have an idea for) upcoming talks about sustainable living, please email activator@stalbens.gen.nz ☼

Changing times at the collection station

by Maria Lamb

The Collection Station was set up at Kōhinga (St Albans Community Centre) this time last year to find uses for small plastic and metal items that were being put in the red bin. Word spread quickly, with items coming in from as far away as Ashburton and Rakaia.

But now the tide is turning for items being collected, particularly for plastic items. Plastic bread tags being collected for the 'Bread Tags for Wheelchairs' programme will phase out with the gradual introduction of cardboard bread tags.

The biggest challenge has been dealing with the plastic bottle tops – there are now too many of them. Local artists made jewellery from the plastic but markets and sales have reduced dramatically because of COVID, causing a build up of items behind the portacom in Kōhinga Māra. Polylab NZ has taken a good lot of bottle tops from the centre but there

are limits to what the recyclers can process.

So, until further notice, plastic bottle tops are not being collected through the community centre's collection station. Rather than be disheartened, perhaps instead keep a personal collection at home and when demand picks up we can reintroduce collection of these.

Please keep donating beer bottle tops, can tabs, wine bottle tops, jar lids and plastic bread tags (while still in circulation). But make sure you put each item in the right bucket at the centre to save volunteer staff many hours of sorting down the track.

Together we are making a difference and as insignificant as it may feel at times, the ripple effects later are worth every effort made by every single one of us. ☼

Tēnā koa tiaki ia koe, Maria aka Tidy Kiwi
<https://www.facebook.com/TidyKiwiNZ>

Colourful mural adorns portacom

A mural depicting fruit, vegetables, piwakawaka and kererū (fantail and native pigeon) now adorns the portacom at Kōhinga Māra, the community garden in Caledonian Rd. Artist Koryu Aoshima spent several days in early July painting the front and one side. The plan is to eventually shunt the portacom sideways, away from the beehive, after the fence with a neighbouring property is repaired. The portacom was originally a work shed for Wyatt and Hughes while they built the community centre. After the centre was open in April 2021, the portacom was gifted to the St Albans Residents Association for use in the garden and funding was raised through Givealittle to pay the artist.



Koryu Aoshima at work.



Side view features kererū (native pigeon), fruit and vegetables.



The front of the portacom includes piwakawaka (fantail), fruit and vegetables.

Neighbourhood news

Amy goes from Bailies to Molly B's

by Lynne O'Keefe

A very familiar face at Bailies is moving on to greener pastures in Pohara.

Amy Mangan first joined Bailies in Warners Hotel Cathedral Square in 1996 employed by Stan and Lynne O'Keefe. She came to Christchurch to attend teachers training college, a fortuitous call from her father asked if Amy could have a part time job while studying, and the rest as they say is history.

Amy completed her studies but didn't choose a career in teaching instead loving the buzz of the hospitality trade. The next 15 years in Warners and then after the 2011 earthquake she was back behind the bar in Edgeware. When the O'Keefe's sold the business Amy remained working for the Nortons.

The 26 odd years experience, apart from a short break after the earthquake, and two breaks for



Amy with Sarah O'Keefe

maternity leave, has well-equipped Amy for her next move, to own a bar of her own in Golden Bay. It will be called Molly B's after her paternal grandmother.

She will be sorely missed by the many past and present punters who have had the honour of having a pint pulled by one of most experienced and gracious people in the hospitality trade.

New chair for pool group

Lynne O'Keefe is taking over from Paul Somerville as the chair of the St Albans Pool and Pavilion Group, the organisation behind the push to get the Edgeware Pool rebuilt. The group recently got the go ahead for increased council funding that should see the pool built in the next 18 months, once the remaining \$1 million is sourced. Lynne has been a large part of the St Albans community since she and husband the late Stan moved Bailies Bar to St Albans following the demolition of Warners post quakes. The group held its AGM in July, celebrating the additional council funding and looking forward to a year of fundraising with the aim of opening for summer of 2023.

Stadium given green light

by Belinda Carter

City representatives have decided to accept a proposal to go ahead with the planned stadium, Te Kaha, on a site in Tuam St and Madras St. Most people in St Albans, if the public consultations were any guide, seem to favour this.

Around 82 per cent of those submitters from the Innes ward (covering most of St Albans plus parts of other suburbs) supported the council going ahead with the project. Of the remainder, 12 per cent wanted the project to stop, and 10 per cent favoured a pause and rethink.

Cr Pauline Cotter who represents the Innes ward voted to go ahead as did Mike Davidson representing Papanui.

The meeting and public consultation followed news that the stadium project was facing increased costs with an unbudgeted \$150 million added to the already revised cost.

A day before the council decision, an agreement was made between the organisation Te Kaha Project Delivery Limited and contractor BESIX WATPAC for a fixed price of \$683m. The Christchurch City Council meeting on July 14 voted 13 to 3 in favour of accepting the contract.

This decision is not without consequences as the extra \$150m needs to be paid for. It could include larger rates bills for years, particularly 2025-2027, sacrificing other council projects or selling assets.

There is precedent for other councils contributing to Christchurch facilities, eg: Canterbury Museum, which receives contributions from three adjacent councils.

With 30,000 seats available, Te Kaha will enable large sporting and entertainment events to take place in Christchurch from April 2026, but given the track record of other large post-quake projects it would not be surprising if it was later.

Knitting for the community

The Shirley Knit and Knatter group put their knitting and crocheting skills to good use for the community. Last year they produced 1575 cardigans, blankets, prem baby and other baby hats, winter warmers and TV slippers, then delivered these to Christchurch Hospital, children's wards, new mothers and new immigrants. The group was started in 2006 by Mary Duff and the initial five knitters have grown to several dozen. New knitters can work alone if they wish or attend meetings and knit and natter. Donations of wool are always welcome. For more information contact Sue 027 614 9600 or Trish 027 213 3439.

parris & jeanne

SINCE 2020

- **No ordinary book shop**
- **No ordinary gift shop**
- **If you love books, looking for that unique gift, like to send quality cards, buy superior toys**

Visit Parris and Jeanne
Just make sure you have plenty of time to browse

Mon - Fri: 9.00 am - 6.00 pm
Sat: 10 am - 4.00 pm

183 Papanui Rd, Merivale
parrisandjeanne.co.nz

Super Liquor

PROUD TO BE PART OF
EDGEWARE VILLAGE

Cheers to that



- ✓ Fine wine, champagne + local wines
- ✓ Great craft beer selection
- ✓ Premium spirits

Super Liquor Edgeware
1067 Colombo St
St Albans
E: edgeware@superliquor.co.nz
W: edgeware.superliquor.co.nz
P: 03 379 4564

Super RANGE Super DEALS Super EASY

Pauline Cotter

Council 4 Innes



Inspiring Innes!

cotter.pauline@gmail.com
FB @ pauline.cotter.5

Authorised by reuben@lyttelton.online



Universal Martial Art, Christchurch

8 Hours Free UMA Training

Over a month
Age 8+, wear comfortable clothes & bring water bottle

Monday and Thursday, 5-6 & 6-7
Call Richard on 021 670145 or just turn up

It's time to learn self defence!

Kohinga St Albans Community Centre • 1049 Colombo St

EA Edgeware Automotive Ltd
Prestige Automotive Servicing

Quote this ad for a discount

- WOF, servicing & full mechanical repairs
- Competitive hourly rate
- Latest diagnostic equipment
- Courtesy cars
- Open Saturday

25 Canon Street
377 1133

Find us on: **facebook**

<https://www.facebook.com/pages/Edgeware-Automotive/148457168640223>

www.edgeauto.co.nz

mfa ASSURED

Domestic violence

Help break the cycle of family violence

continued from page 1

The social, psychological, and emotional damage family violence causes to our society cannot begin to be measured, and the monetary costs are in the billions of dollars.

It is possible for individuals to break the cycle. The police programme called Te Hononga, which responds to children and youth exhibiting violence in the home (due to witnessing violence themselves), is seeing great results.

If you are concerned about violence in your own family or in the community, attend the public meeting to discuss family violence at Kōhinga (the St Albans Community Centre).

Guest speakers include Canterbury District Police Integrated Safety Response Manager Leanne McSkimming and Christchurch Area Social Harm Manager for Christchurch Police, Vicki Walker.

Leanne and Vicki will explain how the Integrated Safety Response (which has been operating in Canterbury since 2016) works, covering what happens when the police are called, how their wrap-around response supports change instead of punishment, and how they work with the victim, children and perpetrator to break the cycle of family violence in our community.

Lois Herbert, CEO of the Battered Women's Trust and Val Carter, Director Home and Family represent two agencies working at the coalface. They will speak about the support they provide for both adults and children and how supporting victims and children to be safe and heal from the resulting trauma is the key to breaking the systemic cycle of violence in Christchurch and New Zealand.

The speakers will outline the role individuals can play in the change

needed to break the cycle and build a better tomorrow for our children and grandchildren.

The public meeting is also being supported by the Canterbury Whanau Safety Services Collaboration group, a partnership of government departments and NGOs which has operated in Christchurch since the earthquakes.

For more information about family violence and help available check out the support list on this page or visit the government website.

<https://www.govt.nz/browse/law-crime-and-justice/abuse-harassment-domestic-violence/domestic-and-family-violence/>

(Concerned about the growing level of family violence in St Albans and adjacent suburbs, local resident Bill Demeter has helped co-ordinate this meeting, which is also being professionally recorded and posted online) ☼

Support Services

Emergency Services: call 111

Worried about a child: 0508 FAMILY/0508 326 459 (available 24/7)

- Oranga Tamariki - Ministry for Children, formerly Child, Youth & Family

Elder Abuse Response Service: 0800 EA NOT OK/0800 32 668 65 (available 24/7) Email: support@elderabuse.nz or text 5032

Family Violence Information Line: 0800 456 450 (available 9.00am -11.00pm daily)

Hey Bro helpline: 0800 HeyBro/0800 439 276 - supporting men to be free from violence

Lifeline: 0800 543 354 (within Auckland: 09 5222 999) Need to talk?

Free call or text 1737 anytime for support from a trained counsellor

Rape Crisis National Call Line: 0800 88 33 00

Safe to talk - Kōrero mai, ka ora: 24/7 Sexual harm helpline: 0800 044 334 or text 4334

Shakti 24 hour crisis line with multi-lingual staff: 0800 SHAKTI/0800 742 584

shine* Domestic Abuse Helpline: 0508 744 633 (7 days/ week, 9am-11pm)

Women's Refuge National Helpline - Crisisline: 0800 REFUGE/0800 733 843

Victims Information for people affected by crime: 0800 650 654

For children and young people:

Kidline: 0800 54 37 54 (speak to a Kidline Buddy 4pm-9pm weekdays)

What's Up: 0800 WHAT'S UP/0800 942 8787 (for kids and teens, daily 1pm-11pm)

Youthline: 0800 376 633 (Free TXT 234)

PUBLIC MEETING Family violence Christchurch

**TUESDAY
AUGUST
16
7:00 pm to
8:30 pm**

**Kōhinga/
St Albans
Centre
1049
Colombo
Street**

**Learn how you can help
break the cycle**

Local body elections 2022

Candidates gearing up for postal vote election

Nominations have been opened for all positions on Christchurch City Council, community boards and Environment Canterbury (ECan) and close on August 12. Anyone with New Zealand citizenship and listed on the parliamentary roll can stand as an individual or on behalf of a party for mayor, a councillor for the ward they live in and community board members. Two popular parties are Citizens and People's Choice, roughly aligned with National and Labour respectively. Nominations require a bit of form filling with the help of others and payment of a \$200 fee. Strict rules govern campaign expenditure and use of council resources.

Being a councillor is a fulltime job and is reflected in the pay of around \$114,300 a year, excluding expenses. Community board requires less time commitment with monthly meetings and lots of briefings from staff on various topics. Mayors and board chairs earn more. Many people get their first taste of local government through being on community boards but it pays to have a thick skin as some councillors have come under attack for their stances on particular issues or in some cases simply because of their gender.

Mayor

Lianne Dalziel has indicated she won't be standing again for the Christchurch mayoralty so the race is wide open. Nominations opened in mid July and close on August 12 for mayoral

candidates and so far four people have applied including Burwood councillor Phil Mauger and former CEO of the Canterbury Hospital Board David Meates, Freedom and Rights group activist Carl Bromley, The Wizard, Ian Brackenbury Channell, cut loose by the city council after a lifetime of promotional work for the city, is also standing.

Councillors

Carl Bromley also wants to represent Innes as a councillor and has been posting leaflets in St Albans letterboxes. Bromley, founder pastor of the Life Connection Missionary Baptist Fellowship and known for his pro gun, anti-government Freedom and Rights Coalition views will be challenging independent candidate Ali Jones and People's Choice candidate Pauline Cotter. Others may still enter the race. In Papanui, Mike Davidson is standing again. Central ward no longer covers part of St Albans, although it will be part of the Papanui Innes community board when it first meets later this year.

Community Board

Emma Twaddell has indicated that she intends standing for the Innes ward on the Papanui Innes community board again. The new board will have three wards: Central Christchurch, Innes and Papanui. Simon Britten and Emma Norrish are expected to stand again in Papanui. The ward boundaries have changed and most of those

living south of Canon St and west of Springfield Rd will find now find themselves voting in Innes.

Environment Canterbury

Two constituencies cover St Albans: Christchurch Central/Ohoko and North/Orei. A line between North and Central runs roughly east of Springfield Rd and Rutland St and south of Canon St. ECan covers such issues as climate change, public transport, hazards, water and air quality and biodiversity. Among the candidates for North East this time is Ashley Campbell who started the campaign to ecologically restore the Avon River red zone after the quakes. She is campaigning this time for faster adaption to climate change and better public transport, although when we went to print she had yet to send her nomination to ECan.

Enrol to vote

Reminders have been sent out to people to update their address, job role and other information on the electoral roll to be able to vote in the local elections in springtime. You may find the ward you vote in has changed if you live west of Springfield Rd or Canon St south to Bealey Ave as these areas are now in the Innes ward. Head to vote.nz to find out exactly which ward you are in when papers for voting are sent out in mid- September for the postal vote. These need to be returned before noon on October 8 to be counted. ☼

St Albans News Election special

The September issue of St Albans News will cover the mayoral hopefuls, the councillors and community boards (in Innes and Papanui) and two constituencies of ECan. These candidates will also be participating at the event organised by the St Albans Residents Association in Bailies on September 5.

Another small corner of St Albans west of Bristol St belongs to Fendalton, but there are no plans to cover this ward, which is part of another community board area.

We won't know exactly who is standing until August 12 and candidates will be contacted via email and given a week to respond to a series of questions with strict word limits.

Candidates can take out paid advertisements if they wish. To do so please contact advertising manager Lynne O'Keefe on 027 433 4469.

Community stalwarts deserve our thanks

Often at the heart of a thriving community, you will find a core group of individuals who volunteer their time, effort and resources.

I would like to acknowledge a group of stalwart St Albans and Edgeware locals who have worked for the reinstatement of a pool for our area. With the news that council will fund a significant portion of the cost of the development on Edgeware Road, I want to thank the dedicated group who for several years have advocated, held fundraising events (a challenge during COVID restrictions), and kept the pool cause high on the agenda against competing causes and issues.

St Albans Residents Association's own Lynne O'Keefe, along with Paul and Valerie Somerville (who ran the swim club which will hopefully be reinstated with the new pool), and Innes Ward councillor Pauline Cotter, with strong support from Papanui's Mike Davidson, have been the core of a group of people who never gave up the vision of a new pool for this community.

Thanks also to the stalwarts at the fundraising quiz nights in support of this project – my team never seemed to do better than second. I have seen first-hand the amount of time and effort this group has put in.

Pools connect communities. They provide low-cost recreation and exercise, job opportunities and help to address poor swimming skills (and our abysmal drowning rate).

As we work to address climate change and discourage unnecessary trips, a local pool means residents and school groups do not have to drive across town for a swim. Summer fun in your own neighbourhood becomes a reality with accessible facilities nearby. Programmes for different groups (for example parents and babies, or over 65s) will add to the life of the community.

Thank you to the pool committee for their hard work and commitment. Your community will be significantly better off as a result.

Gang crackdown

Deportees from Australia have contributed to a concerning rise in visibility of gangs in New Zealand. We're working to address the concerns that Kiwis have about this with targeted new measures. These are practical measures that will be implemented quickly, but it's also important to note that our work continues in addressing root causes of gang membership – poverty, a poor home environment and a lack of real opportunity.

We have already delivered the biggest police force ever, but new powers include the ability to seize cash in suspicious circumstances, and a new offence of firing a gun with the intent to intimidate (like drive-by shootings).

These measures are important, but we also need to continue to address the drivers of crime, reduce reoffending and stop young people joining gangs in the first place. This includes providing work and education opportunities, early intervention and prevention, and addressing poverty from the moment a child is born – like the 'best start' payments for new parents.

Gang crime will not be tolerated. But nothing is safer than a fairer and more inclusive society so we will continue reducing the root causes of attraction to gangs in the first place. Locking people into poverty with bad policy, lack of inclusion, addiction and high cost of living are all known factors, so we will continue to address these issues alongside giving police more tools.

Ngā mihi, Duncan Webb,

MP for Christchurch Central

Letter to the Editor

The 'joys' of intensified housing

We have a variation on Peggy Kelly's "loo with a view" problem (letter to the Editor July St Albans News). The units close to us are furnished with blinds but one tenant prefers not to pull theirs in the hall, where they habitually choose to dress and undress.

More parking issues have emerged with windscreens of cars parked on the road being covered for frost protection. The closest of these cars can be covered all day, which creates a solid obstacle to the sightline when driving forwards or backing from our property.

It doesn't help that another of the vehicles parked on the roadway, has not been moved for at least three months, and others are often parked illegally close to or over our driveway.

Another issue we'd not considered (nor had council or developers obviously) is the placement of outdoor lights. With two or three units leaving theirs on during the night, our eastern side is lit up like a Christmas tree. We're glad our bedrooms are on the other side, but (albeit grudgingly) grateful we don't need our own, to visit the loo at night.

Add to this 10 bins jostling for space on a Monday morning on a verge which has not been mown since it was planted eight months ago.

First world problems maybe, and yes we know people need houses, but neighbours who've paid rates for decades, would appreciate consideration too, please.

June Peka

Letters (preferably 150 words or fewer) can be sent to
news@stalbans.gen.nz for consideration

Toddlers playground re-fenced



A few months ago St Albans News and local residents pointed out the lack of fencing around the toddlers' play equipment and the hazards caused by a removal of a fence at St Albans Park. The good news is that the playground has been re-fenced which should deter quick runaways. The breeze block parts of the fence could sport a mural at some stage. Waipapa/Papanui Innes community board members were told at their meeting on May 18.

Record-breaking July rains drown St Albans



Low-lying Peter Timbs and Edgeware Village (left), were flooded three times during July, each time worse than the previous downpour. Quake repairs on Edward Ave near St Albans Park cannot come fast enough for residents, with water covering footpaths and flooding toilets.

ACC being a proper pain?

Citizen's Advice Bureau points out you can get free support and information to understand ACC entitlements or navigate their claims and complaints process through the ACC Navigation service.

The NZ Council of Trade Unions runs the Workplace Injury Advocacy service through 0800 486 466. Wayfinders also offers help: 0800 273 030

CALL FOR VOLUNTEERS

CAN YOU HELP?

BAKERS NEEDED

Bake a plate for monthly community morning teas at Kohinga. Koha for ingredients available

CONTACT the St Albans Residents Association AT 021 914563 or email sara@stalbans.gen.nz

SARA AGM

3pm
Sunday September 11
at Kohinga (St Albans Community Centre)

Topic for discussion:
Strategy for St Albans



Re-elect

Simon Britten

**Independent Candidate
Papanui Community Board**

Independent representation
Local knowledge

www.simonbritten.com

www.thinkpapanui.nz

Authorised by Simon Britten, www.simonbritten.com

Think Papanui



St Albans Pharmacy
Edgeware Village

✓ Flu shots and Covid vaccines now available

✓ Phone to book

Weekdays 9 am – 6 pm • Saturdays 9.30 am – 4 pm
Cnr Colombo St & Edgeware Rd • Phone 366 0404

St Albans parks and gardens

Hardy volunteers give park a refresh

by Helen Kidd

The hardy volunteers at Packe Street Park have been hard at work constructing new vegetable beds along the sunny south fence at the back of the park, and this will become the main vegetable area. One raised bed was donated, and several others are being constructed and will soon be filled with seedlings.

If you have had your cuppa at the picnic table recently, you'll probably have noticed that the area where the big pine trees used to stand has been taken over by enthusiastic ice plants. This is gradually being brought under control and cleared, and other succulents planted. It will eventually be a succulent garden. Donations of succulents of all kinds are welcome and will help create an interesting and varied garden.

The double-size shed at Packe St Park, currently used as a toolshed, has been repainted. Prior to the quakes it stood behind a state house before being saved from demolition by artist Bill Wilson. Additional reminders of the quakes: The brick paths, being so carefully constructed by



Local feline inspects the succulents.

volunteer Krzys as a current project, are made from bricks re-purposed from other areas of the park. These originally came from chimneys which fell victim to the quakes.

COVID and cold weather have decimated our volunteer team. If you are retired, or just have some time to give, pop down and have a cup of tea with us on a Thursday afternoon or Saturday morning and see what you could do to help. Interest and enthusiasm are the only requirements. Skilled or unskilled, we'll have something you can do. ☘



Time well spent in the winter garden

Between these clear frosty mornings and extended rainy torrents, there's always a moment of brief respite that can be spent checking in on the garden.

On the coldest nights, one can be thankful when bringing out the garlic and pumpkins from the cellar to make a hearty soup, followed by homemade jam scones or compote from the bounty of autumn's harvest. If this sounds idyllic, why not spend some time brainstorming how to make the most of spring in the veggie garden?

If you have winter veggies growing, be they brassicas, root vegetables or leafy greens, be sure to apply mulch, such as pea straw or compost, to keep nutrients available and hold warmth in the soil during the cold period.

If you're still planting out to keep your family fed, leafy greens such as silverbeet and rocket can go straight in the garden. As the winter solstice has passed, onions and garlic can be planted out to ensure a great harvest at the end of the year.

While the flow of sap in our deciduous trees is dormant, now is the perfect time to procure and plant them out while the risk of transplant shock is low. And if you're one of the lucky few to have a greenhouse, consider ordering your seed for spring sowing to make a head start. ☘

Good gardening, *Basil*

HSW ACCOUNTANTS
115 SHERBORNE STREET PHONE - (3) 3434 134
RECEPTION@HSWACCOUNTING.CO.NZ

www.ere.nz
EXECUTIVE REAL ESTATE
Bridget Perry
Sales Consultant
For all things **real estate...**
let's talk soon!
Licensed Agent REAA 2008
(021) 402 071 bridget@ere.nz

History

Confusion over two houses with same name sorted

by Belinda Carter

Confusion has arisen about two buildings both called Abberley House. This is because a book regarded by some as a 'bible' for local history suggested that a building that once stood on the Foundation for the Blind site was the remains of the property now known as Abberley. The book, *Swamp to Suburb*, compiled in the 1980s, suggests that the Blind Foundation building is the remains of the Maling property, which is not the case.

The July issue of St Albans News compounded the confusion by using only one of two photos supplied to accompany an article by history group member Jonathan Allan. Both are now included here.

(To add to the confusion, there is a third reference to an Abberley House, a cottage in Abberley Crescent with a modern addition that featured in a recent architectural festival.)



Above: The two storey house once owned by the Maling then Kirk families on Abberley Park. The building with its park-like gardens and the later addition of a ballroom, was purchased by Christchurch City Council to mark the 100th anniversary of the signing of the Treaty of Waitangi. It was later opened to the public as a garden. The two storey part of the house was demolished in the early 1940s but the ballroom is still there and forms the Abberley Park Hall. *Photo source: unknown*

Below: The Foundation of the Blind also had a house called Abberley House but it was later demolished. The Foundation has since changed its name to Blind Low Vision NZ and occupies a more recently constructed building. Blind Low Vision NZ provides services to children and adults with limited vision. The main entrance to the Blind Low Vision NZ's Christchurch premises is in Bristol St. *Photo source: From Swamp to Suburb page 171*



Left: Abberley Park is the site of the original Abberley House. What survives of it is Abberley Park Hall, now a single room with a recently renovated kitchen, which is available for community use. It can be hired through the city council's Papanui Service Centre. Abberley Park Hall, suits small public meetings (max 60 people) and social functions. It is open till midnight.

Packe Street Parks and Community Gardens
Working bees
Thursdays 2 - 4 pm
Saturday 10 am - 12 noon
For more information visit our Facebook page: www.facebook.com/packestreet

Come and choose a book from the wonderful selection at:
Mairehau Library
• Latest releases
• Large print
• Fiction
• Non-fiction
• NZ/Aotearoa books
• DVDs
Opening hours:
10am-4pm: Monday, Tuesday, Wednesday, Friday & Saturday
10am-7pm: Thursday
42a Kensington Avenue, off Innes Rd and Westminster Street

ST ALBANS TENNIS CLUB
LOVE TENNIS
SUN 11TH SEPT, 11 - 4PM
Come along and give tennis a go for FREE!
Activities for all ages, including coaching, court play, games, prizes and BBQ.
Fun for the whole family!
37 Dover St, off Edgeware Rd
Visit our website or phone Robyn: 027 733 4315
37 Dover St, off Edgeware Rd

Edgeware Pool Project
Next quiz August 28 at 7pm at BAILIES
Updates on FB
EDGEWARE POOL PROJECT
BAILIES BAR AND RESTAURANT

Community Notices

The next **Greater Company of Mary, Associates and Affiliates Mass** will be held on Saturday 13 August 2022, 10.30am at the Mary Potter Community Centre, 442 Durham Street North. All welcome, morning tea after. Rsvp by Monday 8 August, phone 372 9224 or visit lcmchristchurch.org.nz.

Community Bible study: Small non denominational Bible reading class. Monday mornings from 10.30 to 12pm. All welcome. Further details, phone Veronica on 960 7655 or 021 0229 2613.

Canterbury Embroiderers' Guild: @ Hammersley Community Centre, Amos Place. Groups meet Mon, Tues, Wed & Fri. Contact Ros 021 108 5539, Marie 021 68 3547 or email CEGstitchers@gmail.com. Any form of stitching

Christchurch Senior Citizens: Card section meet on Mondays 12.30 - 3 pm. Indoor bowls section meet Tuesdays 12.45 - 3 pm. Activities group have outings for meals, social days, bus trips. Further information - call Veronica 383 4682 or 021 1187 360 or Beth 389 2375 or 027 2610 4931

Citizens Advice Bureau: The North branch now at Fendalton Library, 4 Jefferies Road, 0800 367 222

Coffee and conversation: Every Wednesday 11 am - 1 pm At Kōhinga St Albans Community Centre. Join us for coffee and conversation, meet others in your community. All Welcome. Koha for coffee appreciated.

Computer aided, touch typing course for students 9 or older with difficulties reading, writing and spelling. Run by the Seabrook McKenzie Centre in London St. Mon, Tues 4-5pm.

Cranford Pippins for 5 and 6 year olds meets Tuesdays during school terms, 5:30 6:30pm. Contact: info@girlguidingnz.org.nz.

Edgware Croquet Club: Come and try Croquet, a friendly club off Forfar Street in St Albans Park. Association Croquet Thur and Sat 9.30-12noon and Golf Croquet 12.45 -3pm. We welcome visitors and new members. For more info contact Jan 021303843

Elizabeth Bridge Club: Wednesdays 12.50 (for 1.00pm start) to 4.00pm at the Christchurch Bridge club rooms, 21 Nova Place (off Barbadoes Street) Visitors welcome. Friendly club, parking. No partner, contact Maureen on 021 646 123.

Fit Beans Coffee Club: 9.30am Fridays, Reformed Church Hall, 63 Cornwall Street. Easy exercise for anyone looking to maintain or regain strength and balance. Suitable for any age or ability, sitting or standing.

Free Kindergarten Enrolments: Not for profit Kidsfirst Sunbeam Kindergarten welcomes queries and new enrolments. 13

Cornwall Street, (03) 366 7157.

Free insulation: Community Energy Action (CEA) can assess your house and if eligible organise free insulation for above ceilings and under floors. Curtain bank offering free recycled curtains (including fitting). Curtain bank is mobile so can visit your home. More information, visit cea.org.nz

Happy Feet Dancing. Movement to music. Weekly Wednesdays at 12-1 pm \$2 Suit low to medium level of fitness. Kōhinga St Albans Community Centre. Contact Rowena 027 404 0897

HOUSIE at the Mary Potter Community Centre, 442 Durham St North, every Thursday at 12.30pm 2.15pm. \$2 per Housie card or bring a prize to the value of the card. Afternoon tea to follow. All ages welcome. Numbers are limited. Gold coin donation. Enquiries ph 372 9224. Visit our website:

www.lcmchristchurch.org.nz.

Knitting Group. meets every Tuesday at The Edge Cafe 10 am - 11.30 am. Just turn up.

Knit & Knatter Shirley: Please can anyone help with free wool for these ladies. Contact Mary 027 733 9666 or 980 0811

St Albans Laughter Club: Laughter yoga teaches you to breathe properly to release tension and stress. Sundays 11am-12pm. Scottish Society Hall, corner Caledonian and Edgware Rds. \$3. email: hannah@lotustrust.org.nz www.lotustrust.org.nz, FB: Christchurchlaughteryoga

Morning tea at Kōhinga St Albans Community Centre, the first Thursday of the month at 10 am. Everyone welcome. For more information phone 9725534

NZ Japan Society of Canterbury provides understanding and goodwill between the people of NZ and Japan. Meetings include talks, video shows or other activities with a Japanese accent. Visitors welcome. Contact Jean Bell: 355 9903 or jeanpbell8@gmail.com

The Respiratory Relief Society Canterbury Inc. runs weekly exercise classes Tuesdays from 1-00-2-15pm at St. Albans Uniting Church Nancy Ave (off Innes Rd) for people with Respiratory, Cardiac and vascular conditions. Contact David Chamberlain 332 4471 or Helen Bush 021 230 6338.

Rotary New Horizons meets at St Albans Community Centre every second Wednesday of the month at 6pm. Email Marg at mlyons747@gmail.com for more info or find us on Facebook, or visit www.rotarynewhorizons.org.nz

Saygo Falls Prevention: Mondays 10 - 11am and Thursdays 9.30 - 10.30 am. \$2 entry. Kōhinga St Albans Community Centre.

Shirley International Playgroup: a fun playgroup for mothers and under fives from

any cultural background. Fridays during school term time. 9:30am 11:30am at the Shirley Hub, 69B Briggs Road, Mairehau. \$2 per session or \$10 for the term. Call Shauna at Delta Trust on 03 389 0219 for more information.

Scottish Country Dance club meets at the Scottish Society hall corner Edgware Caledonian Roads, Tuesdays at 7.30pm, February through to December. A time of fun, fitness and friendship. Contact: Margaret Birse, ph 327 0193.

Shirley Rugby League: Need players to join our family club, girls and boys welcome, ages 4 to Masters age 35 yrs. Contact Rochelle 021 133 5437.

Shirley Ladies Friendship Club meets 2nd Wednesday of the month 10.00am at All Saints Church New Brighton Road (by Bassett Street bridge). Interesting speakers, walking group and trips are arranged. Please phone Dale 385 1133 for more information.

St Albans Leisure Group is an older adults' recreation group that provides social contact and activities for its members. Contact Wendy at sara@stalbans.gen.nz

St Albans Community Pre school: 20 free hours, 2 5 yr olds, casual bookings taken. 3 Thames St. Contact Odette on (03) 355 9396 or look us up on Facebook.

The St Albans History Group is interested in old photos or articles about St Albans. Contact: Brian: briangspear@hotmail.com

St Albans Shirley Football Club. For players 4-40+ Phone 021 0204 2300 for team details.

Rockers Of Ages Choir: For elders and aspiring elders (any age welcome). No auditions, music provided. Wednesdays, 2pm 4pm during term time, Forfar Courts, 95 Forfar Street, St Albans. Phone 0800 843 687 for more information.

U3A St Albans: meet at St Albans Uniting Church. Monthly 4th Thursday 9.45am, morning tea followed by speaker. Many more activities. Visitors warmly welcomed. Call Noni, 03 354 5643, for further details.

Women in Harmony community choir: Meets Thursdays in primary school terms from 7.30-9.30pm at Kōhinga St Albans Community Centre, 1049 Colombo Street. Sing world and popular music in 3 part harmony. No auditions. Email: women.in.harmony.nz@gmail.com; facebook.com/womeninharmonychristchurch

Weekend Group: Second Saturday of the month 4.00 pm - 5.30 pm at Kōhinga St Albans Community Centre. Meet for friendship and company with lively chat. Refreshments provided. Koha appreciated - (recommended \$5.00 per person).

St Albans News Classifieds

SERVICES

Need help with career redirection or regaining life work balance?

Have a disability and need support with retaining or gaining employment or commencing study? Contact Paul Barclay - Vision Without Limits on 028 461-1257 or info@visionwithoutlimits.co.nz. Experienced Employment Consultant and Professional Member - Career Development Association of New Zealand. Free initial discussion. More information at www.visionwithoutlimits.co.nz

Are you having difficulty making a decision about family, work, relationships? We can help you make a thoughtful decision and guide you to proper resources if required. There is no charge for this service. Call for further information or an appointment with Bill or Emily at 027 379 3873. We can meet at the St Albans Community Centre on Wednesdays 12:30 to 2:00. First meeting usually 30 minutes.

Clarinet, Sax, Flute, Guitar, Bass, & Piano: Experienced local teachers. Ph Nicola and Ivan 385 3856.

ProofreadingNZ: All proofreading and editing services \$60/hour, GST incl. Contact carlaheslop@slingshot.co.nz

Becoming You Yoga: \$13, Slow mindful yoga. St Albans Community Centre, Thursday 10am \$15, Restorative Yoga. Suitable for all. Contact: <https://www.becomingyouyoga.com>

Yoga Class: Tuesday and Thursday 10:45am-12pm at St Albans Community Centre. All abilities and ages welcome. Tracy 022 048 6949 or 03 356 1754

Qualified Florist: Located at 201 Geraldine Street, Edgware. Same day delivery. theflowershopchristchurch.co.nz 02108355345

Personal Training - 'Fit With Babs' Swap out Winter Blues for Winter Courage! 1 on 1 Personal Training - Customised studio. Personalised sessions structured to your goals. Visit facebook.com/fitwithbabs for reviews or 021 232 7151

Tourism/Home Opportunity

Rural Holidays NZ Ltd, an established and innovative Christchurch based company with considerable experience in the hosting of overseas visitors over the past 40 years, is interested in adding further hosts to host dinners in a private home for a regular USA tours series visiting the city. If you enjoy entertaining and presenting a home cooked meal then opportunity is for you. Reliably to maintain a consistent standard of hospitality at all times is an important factor we are seeking. A competitive industry level of remuneration is paid.

If you feel this opportunity to become involved is of appeal, would you please register your interest with: the Operations Manager by email at hosting@ruralholidays.co.nz

TRADIES

Door Specialist: Repairs, adjustments and installation of all doors and locks, ranch slider wheels and locks. Qualified tradesman. Ph Stewart 0800 677 262 or 021 185 4055.

Eastcoast Landscapes: Specialising in all aspects of PAVING including patios, paths, courtyards and borders. We also do lawns, irrigation, garden makeovers and general property maintenance. Commercial and residential. Small, friendly business. Quality work. Free quotes. Call Blair on 027 699 5815.

Handyman: Pete Knuiman Ltd. For all your property maintenance, repairs, painting, carpentry, fencing, brickwork, tiling work, alterations and those odd jobs. Ph Pete 021 022 53774 or 385 1718. www.peteknuiman.co.nz, pete@peteknuiman.co.nz

Painter: Experienced local tradesman, interior/exterior, full repaints, fences, decks. Residential or commercial. Call now for quality painting services at competitive rates. Timeliness guaranteed. Shayne 027 214 1827

Pegasus Landscapes: All aspects of landscaping, design. We do everything on the outside including planting, paving, driveways, lawns, lawn renovation, irrigation, raised timber planters, all timber work, brick and block work, full garden maintenance service. Established in St Albans in 1992. Please contact Andy Cox, ph 0274337629, email: pegasus.landscapes@gmail.com

Mental Health Support

There are a number of places that offer free help, handy when you are having mental health issues:

- **Allies online mentoring** offered by young Muslim adults to Muslim teens run by Youthline. Free text 234 or phone 0800 376 633
- **After hours counselling:** Phone counselling provided. Offer of a free introductory chat and affordable fees related to clients financial situation in these challenging times. Call on 027 694 5275 or email at: murray@afterhourscounselling.co.nz
- **Are You OK?** Family violence helpline 0800 456 450.
- **Canterbury Charity Hospital:** 03 360 2266
- **Comcare Trust:** Comcare assists people with mental health or addiction issues to live well in the Canterbury community. Tel: (03) 377 7020, Fax: (03) 961 0794, Email: enquiries@comcare.org.nz
- **Counsellors** available via text: 1737
- **Depression:** 0800 111 757 or text 4302
- **Eating Disorder Recovery Support:** Here you will find a place to: connect with eating disorder experts, find recommended resources and join a forum for families. If you would like to talk about it further, please contact: 021 195 6766.

- **Family Drug Support Aotearoa New Zealand.** Support for families impacted by the alcohol and other drug use of family members. Tel: 03 2818 740. www.fds.org.nz
- **Kidslines:** 0800 54 37 54—For under 18s, 24/7
- **Male Survivors:** 03 365 9000
- **Mental Health Advocacy Peer Support (MHAPS):** Phone: (03) 365 9479, Text: 022 370 8055, Rural Phone: 0800 437 324, Email: reception@mhaps.org.nz 9:00am-4:30pm, Monday to Friday
- **OUTLine NZ:** provides confidential telephone support for matters of gender or sexuality, 0800 688 5463
- **Rape Crisis:** 0800 883 300 for support after rape or sexual assault.
- **Sexual Assault Support Service Canterbury (SASSC):** 03 377 5402 for recent and historic cases
- **Shakti Crisis Line:** for migrant or refugee women living with family violence 0800 742 584
- **Suicidal?** Phone 0508 828 865

Around the neighbourhood

Summer with your neighbours

Fancy a party getting to know your neighbours and the community board paying for it? The Waipapa/Papanui-Innes Community Board has a few thousand dollars to share during late spring and summer. Make up a plan and tell them what you want to spend the money on and apply before August 12. If you receive the funding go ahead and hold the shindig before the end of March. Don't go to town with a big party as the council allows around \$100 per event and pays on submission of receipts. Organise your festive luncheon, casual barbecue or soiree with cocktails and get to know your neighbours. If you want to close the street for your special event you'll need to talk to the council about that. And don't forget the St Albans Residents Association hires out its barbecue trailer and marquee.

Changes to Sherborne Street

Signs will go up soon in the area south of Canon St to assist people wanting to pick up prescriptions from Cranford Pharmacy. Following a request from the pharmacy the Waipapa/Papanui-Innes Community Board will place signs to stop some parking altogether on several car parks and time limit other parks to 10 minutes, in a bid to improve visibility for drivers turning right out of the car park. Signage banning U turns will also be placed

in the area and this should assist police enforcing the rule. The roadworks on Sherborne St are part of ongoing work dealing with traffic coming off the motorway through St Albans. The provision of 10 minute parks should assist those picking up prescriptions. Many of the parks at the southern end of Sherborne St tend to be taken up by city workers who park all day..

Activities aimed at seniors

Christchurch Senior Citizens offer weekly activities such as indoor bowls, card games and outings for older people. These are particularly designed to appeal to those living alone or perhaps feeling lonely and isolated in their homes. The activities at the Scottish Society Hall, at the corner of Edgware and Caledonian Roads, emphasise the social side and downplay any competitive urges. Costs are kept to a minimum. Card games such as Euchre, 500 and Whist are played on Mondays from 12.15pm. Indoor bowls games on Tuesdays start at 12.30pm. Small charges are made for these or people can become members for \$10 a year. Socials include going out for meals, watching films, going for picnics when the weather is warmer, visiting places of interest locally or further afield on bus trips. Fun days are held at the hall from time to time. For more information phone Vonnice 383 4682 or Beth 0272610493.



**Kia ora Edgware,
your local is open.**

Our opening hours

Monday to Friday
9.00am to 4.00pm

Saturday
9.00am to 1.00pm

Edgware Fresh Choice

61 Edgware Road, Christchurch

Community Banking Services for Kiwibank



Cash and Card Services



Online banking



Account Services



ID Verification

Your local MP for St Albans

If you would like me to be a guest speaker at your meeting or event, have questions about Government policy, or you would like some help with a problem, contact my office.

Duncan Webb

MP for Christchurch Central

chchcentral@parliament.govt.nz

366 5519



Labour



Authorised by Duncan Webb MP,
Parliament Buildings, Wellington